



Christian Blessings and graces for mealtimes

Bless us Oh Lord and these thy gifts which we are about to receive through thy bounty through Christ Our Lord,
Amen

Full of joy and thankfulness, we say 'Thank you Lord' from the bottom of our hearts. We look at the food that has been prepared by loving hands, we look into the faces of those that love us and whom we love.

All good gifts around us are sent from heaven above, and we will never forget who is our true provider. We thank you as you bless this food and bless this time together. Amen

Thank you, Lord. These are simple words but they come from simple hearts that overflow with the realisation of your goodness. We ask you to bless us as we eat, bless this food and bless the hands that prepared it. May the words of our lips spring forth from hearts of gratitude and may we bless others as we fellowship today.

We thank you, Father God, for the love that binds us, for the food that nourishes us, and for your giving of your Son into our world to save us. Amen.

Come Lord Jesus,
our guest to be
and bless these gifts bestowed by Thee. Amen

Lord Jesus Christ, be Thou our guest,
and share the food which Thou hast blessed. Amen

Father in Heaven,
We praise You for giving us Your Son
To be our Saviour and Lord.
Bless us all as we gather here today,
And let us live happily in Your love.
Hear our prayer, loving Father,
For we ask this in Jesus' Name. Amen

Dear Lord, thank you for this food.
Bless the hands that prepared it.
Bless it to our use and us to your service.
And make us ever mindful of the needs of others.
Through Christ our Lord we pray. Amen.

All that we have, is all a gift.
It comes, O God, from you;
We thank you for it. Amen

We give you thanks from grateful hearts for this meal, for our fellowship, for your love, for your provision of food and of those who prepared this wonderful meal for us. Help us to remember that you are with us around the table and may our hearts and words be a blessing to you in return.

Heavenly Father, great and good,
We thank thee for this daily food.



Bless us even as we pray;
Guide and keep us through this day.

Lord Jesus Christ
You blessed us with five loaves and two fish
Bless this food we share
Place your peace in our hearts
and your love in our lives Amen

Blessed art Thou, Lord of all Creation. Through your goodness we have this gifts for our use, the fruit of your bounty and the work of human hands. As they become part of our substance may they give you honor and glory. Amen.

Oh Lord
We thank you for your loving provision
We thank you for this food and ask you to bless it
May we never be forget those who have want and are in need
May our eyes and our hearts be alert and our hands be open to give from the abundance you have given us. Amen

For health and food
For love and friends
For everything thy goodness sends
Father in Heaven
We thank you. Amen

For food in a world where many walk in hunger;
For faith in a world where many walk in fear;
For friends in a world where many walk alone;
We give you thanks, O Lord. Amen.
God is great, God is good
Let us thank Him for our food. Amen

Be present at our table, Lord!
Be here and everywhere adored.
Your mercies bless, and grant that we
May feast in Paradise with Thee! Amen

Thank you for the food we eat,
Thank you for the friends we meet.
Thank you for the birds that sing,
Thank you, God, for everything. Amen

For all we eat, and all we wear,
For daily bread, and nightly care,
we thank thee heavenly Father. Amen.

May the peace and blessing of God
descend upon us as we receive of his bounty,
and may our hearts be filled
with love for one another.